

NatuRural Heritage

volunteering
activities

3 a 17 agosto 26

Uva, Vimioso

68.º Campo de Trabalho Voluntário Internacional
pelo património edificado rural



Welcome!

Welcome to the 68th International Volunteer Workcamp, organised by
Palombar – Association for Nature and Rural Heritage Conservation

Palombar is a non-profit organisation founded in 2000. Its main goals are to conserve agricultural, wild and forest ecosystems, and to preserve its built heritage and traditional construction techniques.

Its mission is to preserve natural and built heritage, ensuring continuity by conserving resources and transmitting knowledge through a pedagogical and cooperative approach expected to enrich individuals and bring dynamism to the rural world.

Conservar está na nossa natureza.

Desde 2000



We are located in Uva (Vimioso) in the Northeast of Portugal, near the Douro River and in an area that borders Spain, commonly known as the Miranda Plateau. Even though it is a very small village with only a few inhabitants, it is home to more than 30 Traditional Pigeon Houses and other priceless heritage elements – both built and natural.

Palombar works in the Trás-os-Montes region, an exceptional and authentic area due to its isolation and abandonment during the past decades.



Address: Rua da antiga Escola
Primária de Uva, nº5
5230-232 UVA (Vimioso)
Portugal

Find more about Palombar

 palombar.pt

 [Palombar](https://www.facebook.com/Palombar)

 [@palombar.acnpr](https://www.instagram.com/palombar.acnpr)

About the project

European Solidarity Corps Program

The European Solidarity Corps (ESC) supports young people in taking part in meaningful solidarity activities across Europe, with volunteering at its core. The programme promotes active citizenship, social inclusion, intercultural learning and sustainable development, while helping participants develop valuable personal and professional skills through non-formal learning.

By joining this workcamp, volunteers contribute to the preservation of rural heritage, support local communities and gain practical experience in an international environment.

The project includes:



Travel support



Accommodation



Full board (breakfast, lunch and dinner)



Insurance



Pocket money

INFO KIT

NatuRural – For Natural and Built Heritage

Over the next two weeks, you will become part of an international team working together to preserve the natural and built heritage of Uva, a small village in northeastern Portugal. Along the way, you will discover the local culture, meet the community and enjoy the unique landscapes of Trás-os-Montes.

This InfoKit brings together all the essential information you need before your arrival and throughout your stay. We encourage you to read it carefully and keep it with you throughout the workcamp



Details about the project,
accommodation, travel
arrangements, financial support



Schedule and daily
activities



Practical information
and FAQs

WHAT WILL YOU DO AND LEARN DURING THIS WORKCAMP?

The main goal of this workcamp is to preserve and revitalise Uva's rural built heritage through hands-on conservation work and community involvement.

The project aims to preserve and enhance the rural built heritage of Uva through the restoration and maintenance of traditional structures, including dry-stone walls, pigeon houses and other historic features.

Alongside the conservation work, volunteers will have the opportunity to engage with the local community, explore the region and discover its culture, traditions and landscapes.

By taking part in this workcamp, participants will help safeguard Uva's heritage while developing practical skills and enjoying a meaningful intercultural experience.

Planned work

- Maintenance of traditional pigeon houses
- Preparing limestone painting
- Whitewashing walls
- Restoring dry-stone walls
- Other small restoration and maintenance tasks



Learning Experience

- Learn traditional rural construction techniques
- Understand the importance of built heritage conservation
- Work as part of an international team
- Develop practical skills
- Discover Portuguese rural culture
- Participate in community life
- Improve teamwork and communication skills

**All activities will be supervised by experienced professionals.
No previous experience is required.**





Daily Schedule

Time	Activity
07:00–12:00	Conservation work
12:00–14:30	Lunch and rest
15:00–19:30	Leisure activities & Free time
19:30–21:30	Dinner & Intercultural Evening

* the schedule may vary depending on the activities planned for each day

Meals

- Lunch and dinner are prepared by the team with the help of two volunteers each day.
- Breakfast is self-service.
- Vegetarian and other dietary requirements can be accommodated if requested in advance.



Leisure Activities

During the afternoons and weekends, volunteers will have the opportunity to discover the region through activities such as:



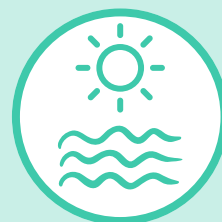
DISCOVER

Discover the natural and cultural heritage of the region.



Experience

Meet local people and experience intercultural exchange.



Enjoy

Relax, have fun and create unforgettable memories with fellow volunteers.

A detailed programme will be shared with all participants upon arrival.

INFO KIT

NatuRural – For Natural and Built Heritage



Accommodation

Volunteers will stay in a **shared dormitory** in the village of Uva.



Shared dormitory with bunk beds



Bathrooms with hot showers



Outdoor covered dining area



Please bring your own sleeping bag and towel



What to bring

Documents

- Passport or ID card
- European Health Insurance Card (EU citizens)



Clothing

- Comfortable work clothes
- Warm clothes
- Hat
- Swimsuit
- Comfortable walking shoes
- Work boots (if available)



Equipment

- Sleeping bag
- Towel
- Work gloves
- Reusable water bottle
- Sunscreen
- Personal medication
- Something to share from your country (snacks, drinks, traditional games or a musical instrument)



GOOD TO KNOW

Mobile phone coverage may be limited in some areas. Participants are responsible for their personal belongings. Please bring comfortable clothes suitable for manual work.

INFO KIT

NatuRural – For Natural and Built Heritage



TRAVEL INFORMATION

HOW TO GET TO UVA



BY PLANE

The nearest international airports are

Porto Airport (OPO)
(recommended)

and

Lisbon Airport (LIS)

From the airport, travel by **bus to Vimioso**, where the Palombar team will meet you and organise the transfer to Uva.

Book your plane ticket:

www.ryanair.com

www.easyjet.com

www.flytap.com

www.airfrance.com



BY BUS

If you are travelling from Portugal or Spain, you can travel directly to **Vimioso Bus Station**.

Book your bus ticket:

www.rede-expressos.pt

From: Porto

To: Vimioso

Bus Company: Rede Expressos

Departure Station:

TIC – Terminal Intermodal de Campanhã

From: Lisbon

To: Vimioso

Bus Company: Rede Expressos

Departure Station: Gare do Oriente

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TRAVEL INFORMATION

HOW TO GET TO UVA



MEETING POINT

Vimioso Bus Station

ARRIVAL

A transfer between Vimioso and Uva will be organised on the official arrival day.

DEPARTURE

On the departure day, Palombar will provide transport from Uva to Vimioso, where you can continue your journey by bus.

- Please **do not book your tickets before receiving confirmation** from the organising team.
- If you expect to **arrive late or experience any travel delays, contact the project coordinator** immediately.
- **Keep all your travel tickets and receipts**, as they may be required for reimbursement under the European Solidarity Corps.
- Transport to and from the nearest bus station on arrival and departure days will be organised by Palombar.



INFO KIT

NatuRural – For Natural and Built Heritage



Financial Support

This project is funded by the European Solidarity Corps.

Budget

All costs are covered, including meals, accommodation and insurance during your stay. Participants are responsible for organising their journey to and from the project location. However, the organising team will provide a transfer between Vimioso and Uva on the official arrival and departure days. Furthermore, you can bring your own money.

Place of origin	Grant per participant	Grant per participant in case of "green" travel
Distances between 10 and 99 km	€28	€56
Distances between 100 and 499 km	€211	€285
Distances between 500 and 1 999 km	€ 309	€417
Distances between 2 000 and 2 999 km	€ 395	€535
Distances between 3 000 and 3 999 km	€ 580	€785
Distances between 4 000 and 4 999 km	€ 1 188	€1 188

<https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator?etans=pt>

Reimbursement with all the justificative documents 

Participants will receive pocket money of
€6 per day

We look forward to welcoming you!
Thank you for joining the 68th International Volunteer
Workcamp.
Together we will preserve rural heritage, learn from one
another and create unforgettable memories.
See you soon in Uva!

Practical Information

- Mobile phone coverage is limited in the village.
- Summers are hot, so drink plenty of water.
- Respect the local community and shared accommodation.
- Working hours may change according to weather conditions.

Contact Information

In case of questions, please feel free to contact us,

palombar@palombar.pt
+351 964 695 511